

PDA positives



What are they?

PDA positives include humor, creativity, verbal ability, word play, social ability, unconventional solutions, passion, compassionate empathy and proactive justice

Why they aren't in traditional traits lists

Few positives are included in traditional traits lists because PDA was identified by clinicians and theorists whose perception was limited to children with disruptive behaviors that drew their attention

How PDA positives were identified

PDA positives have been revealed by discussions in the PDA community. When, in 2018, Sally Cat invited parents and carers to put forward three positive words to describe their PDA kids, 40% said "funny" and 19% said "creative". Other commonly given words were: caring, intelligent, bright, talented, charming, determined and unique.

Do these positives increase employment prospects?

The positives that come with PDA make us more attractive to employers and counterbalance struggles with finding work.

But it should be remembered that PDA causes other difficulties with employment, like demand avoidance against instructions and work rules

