

F adrenal: fib in depth



What is it?

Fibbing is a socio-linguistic defense strategy used when the threat comes from another person, or group of people, who will harm the individual because of something they said or did

How does fib mode activate?

Fib mode kicks in if the fight/flight reaction commanded by surging adrenal hormones is:

- 1) Diverted into freezing.
- 2) The threat is a negative judgment which can be averted by denial

Can autistic people tell lies?

Research has found that fibbing is either very difficult or completely impossible for the general autistic population

Fibbing and PDA

Parents of PDA kids frequently talk of their children lying about things even if they've been seen doing it.

Fibbing is referenced in the EDAq, which is, to date, the only scale designed to measure PDA. Question 18 is: "Denies behavior s/he has committed, even when caught red handed."

Fibbing is, therefore, another trait that sets PDA apart from general autism

